

Royal Victoria Marathon
Box 675, 185 - 911 Yates Street
Victoria BC V8V 4Y9
Phone: 250.658.4520
Fax: 250.658.4580



Email: info@royalvictoriamarathon.com
Web: www.royalvictoriamarathon.com

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MEDIA RELEASE

Marathon 'Maniac' to run his 300th Marathon in Victoria

(Victoria, BC – October 3, 2008) Jon Mahoney, from Vernon, BC, will run his 300th marathon at the Royal Victoria Marathon on Sunday, October 12. To commemorate the occasion he will be wearing bib number 300. Mahoney is a member of the Marathon Maniacs, a club devoted to those addicted to marathons.

Mahoney, a retired pilot from Yukon, travels all over the world running marathons. For 14 years he ran 21 marathons a year. Running his 300th in Victoria will be very special. "I chose Victoria because my friend and mentor Bob Dolphin did his 300th here," he says. Dolphin is one of the founders of the 100 Marathon Club of North America.

Mahoney ran the Bellingham Marathon on September 28 in 3:44 and came 3rd in the 55-59 age group qualifying him for his third Boston Marathon. He will be competing in his 299th marathon in Leavenworth, Washington on October 4, one week prior to Victoria. "I have run Victoria at least 10 times and I am looking forward to it again – it is a beautiful course."

The 29th Annual Royal Victoria Marathon takes place Sunday, October 12; in addition to the Marathon there is a Half Marathon, 8K Road Race and Thrifty Foods Kids Run. For registration details, visit www.royalvictoriamarathon.com.

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For more information contact:

Louise Hodgson-Jones
Media Liaison
Royal Victoria Marathon
Phone: (250) 812-2518